



AN ACADEMY

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# ROOKERY SCHOOL

RENOWNED FOR EMPOWERING LEARNERS

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20<sup>th</sup> May 2016

Dear Parent/Carer

**Re: Fasting during Ramadan**

Every year a number of children tell us that they are fasting and that they won't be able to participate in the full school curriculum during Ramadan. This raises a concern regarding access and entitlement, supervision of the children whilst excluded from the activity and general health of children throughout the day whilst not eating or drinking.

We have a duty to keep the children safe in school. The summer term is of course a busy one with events, sports days, visits and fun days taking place in addition to the planned curriculum; having children here all day who are not allowed to eat or drink is very worrying.

The school does recognise that in Islam, fasting is not compulsory for children. And whilst we are aware that some children are keen to take part, it is of course a decision that is made by you, as the responsible adult.

Since fasting is intended to help teach self-discipline, self-restraint and generosity, we wondered if there were other ways that you could encourage your child to practice and demonstrate these values. Could they give up sweets (or something else that they enjoy), or if they would like to try fasting then could you supervise their fast for a day over the weekend, when you can keep an eye on their health and wellbeing.

We really would appreciate your support with this. We are legally bound to provide a broad and balanced curriculum to all children and to keep them safe from harm.

Yours sincerely

Debbie Loane and Emma Balan  
Partner Head Teachers

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HEADTEACHER: TRACY STONE, M.A. ED.

ROOKERY SCHOOL, ROOKERY ROAD, HANDSWORTH, BIRMINGHAM B21 9PY

TEL: 0121 464 4221 FAX: 0121 464 4095 EMAIL: ENQUIRY@ROOKERY.BHAM.SCH.UK WEBSITE: WWW.ROOKERYSCHOOL.CO.UK

COMPANY No. 7685796